

## **CHILD SAFETY MONTH- 1<sup>st</sup> July to 31<sup>st</sup> July, 2026.**

**Campaign Name: "Surakshit Bachpan, Sashakt Bhavishya"**

**Duration:** One Month (4 Weeks)

**Target Group:** Classes I–XII

**Objective:** To create awareness, build protective behaviours, strengthen reporting mechanisms, and promote a safe school environment for every child.

### **WEEK 1: KNOW YOUR RIGHTS, STAY SAFE**

Theme: "Every Child has the Right to Safety"

#### **Key Messages**

- Understanding Child Rights
- Safe and Unsafe Situations
- Trusted Adults and Support Systems
- School Safety Rules

#### **Activities**

1. Morning Assembly
  - Special talk on 'Child Rights and Safety'.
  - Child Safety Pledge.
2. Classroom Activity
  - "My Circle of Trust" worksheet.

Students identify 5 trusted adults they can approach and this should be followed by a discussion by the teacher on personal safety and seeking help.

### **WEEK 2: SAFE TOUCH, SAFE BOUNDARIES**

Theme: "My Body Belongs to Me"

#### **Key Messages**

- Understanding Personal Boundaries
- Safe Touch, Unsafe Touch, and Confusing Touch
- Saying NO with Confidence
- Reporting Uncomfortable Situations

#### **Activities-**

##### **1. Age Appropriate Classroom Sessions**

- Discussion on body safety rules.

## 2. Role Play

- Practising assertive responses:
  - Say NO
  - Move Away
  - Tell a Trusted Adult

## **WEEK 3: CYBER SAFETY AND ONLINE PROTECTION**

Theme: "Think Before You Click"

( Refer to cyber safety guidelines on edudel [https://www.edudel.nic.in/edu/cybercrime\\_dt\\_29042025.html](https://www.edudel.nic.in/edu/cybercrime_dt_29042025.html) )

### Key Messages

- Safe Use of Social Media
- Protecting Personal Information
- Cyberbullying Prevention
- Digital Footprint Awareness

### Activities

#### 1.Assembly Talk on Cyber Safety Tips.

#### 2.Class Activity :Quiz

- Identify real and fake online messages.

Digital safety quiz followed by a discussion by the teacher on Creating strong passwords.

## **WEEK 4: SPEAK UP, REPORT, PROTECT**

Theme: "Your Voice Matters"

### Key Messages

- Importance of Reporting Concerns
- Understanding School Support Systems
- Empathy and Peer Support
- Building a Protective School Culture

### Activities

#### 1.Peer Support Circle

- Discussion on helping friends safely.

#### 2.Safety Audit

- Students identify safe and unsafe areas within the school, followed by guided discussion by the teacher.

### **Daily**

- **Child Safety Thought of the Day**
- **Safety Tips during Morning Assembly**

### **Activities - Throughout the Month**

- Display Child Helpline 1098
- Display School Counsellor/EVGC Contact Information
- Safety Posters in Corridors and Classrooms
- Child Protection Committee Awareness

### **(Last Day of the Month) "CHILD SAFETY MELA"**

Suggested Activities:(Any 2-3 activities can be done)

- Poster Exhibition
- Nukkad Natak on Child Protection
- Cyber Safety Quiz Finals
- Safety Pledge Ceremony
- Recognition of Child Safety Ambassadors
- Parents and Teachers Awareness Session

### **Suggested Slogan:**

**"Safe Children Today, Responsible Citizens Tomorrow."**

## ANNEXURES

### WEEK 1

#### **MORNING ASSEMBLY TALK ( sample talk )**

Every child has the right to education, protection, care, respect, and a safe environment. The Protection of Children from Sexual Offences (POCSO) Act, 2012 protects children from sexual abuse, harassment, and exploitation.

Every child should understand personal boundaries, recognise unsafe situations, and speak up if something feels wrong. If you face or notice any kind of abuse, bullying, or unsafe behaviour, do not stay silent. Immediately inform a trusted adult, teacher, counsellor, or EVGC.

As responsible students, we must respect each other, maintain a safe school environment, and support those who need help.

For assistance and reporting concerns, contact:

 Child Helpline: 1098

 DCPCR Child Helpline: 9311551393

Remember, every child has the right to be safe, protected, respected, and heard.

हर बच्चे को शिक्षा, सुरक्षा, देखभाल, सम्मान और सुरक्षित माहौल का अधिकार है। **POCSO अधिनियम, 2012** बच्चों को यौन शोषण और किसी भी तरह के दुर्व्यवहार से बचाने के लिए बनाया गया है।

हर बच्चे को अपनी व्यक्तिगत सीमाओं को समझना चाहिए और किसी भी गलत या असहज स्थिति के बारे में तुरंत बताना चाहिए।

अगर आपके साथ या किसी अन्य बच्चे के साथ कोई गलत व्यवहार, डराने-धमकाने या परेशान करने वाली घटना होती है, तो चुप न रहें। इसकी जानकारी किसी भरोसेमंद बड़े व्यक्ति, शिक्षक, काउंसलर या EVGC को दें।

हमें एक-दूसरे का सम्मान करना चाहिए और अपने स्कूल को सुरक्षित एवं अच्छा स्थान बनाने में सहयोग करना चाहिए।

मदद या शिकायत के लिए संपर्क करें:

 चाइल्ड हेल्पलाइन: 1098

 DCPCR चाइल्ड हेल्पलाइन: 9311551393

याद रखें, हर बच्चे को सुरक्षित रहने, सम्मान पाने और अपनी बात कहने का अधिकार है।

## CHILD SAFETY PLEDGE

### Child Safety Pledge for Students

I pledge to respect and protect myself and others by helping to create a safe, friendly, and inclusive environment for everyone.

I will respect everyone's feelings, personal space, and boundaries. I will speak up and inform a trusted adult, teacher, or counsellor if I see or experience any unsafe behaviour, bullying, or harm.

I promise to be kind, responsible, and supportive towards my classmates and help create a school where every child feels safe, valued, and respected.

I will follow safety rules, spread awareness about child protection, and do my part in making my school a safe place for all.

I pledge to stand for the rights, dignity, and safety of every child.

मैं प्रतिज्ञा करता/करती हूँ कि मैं खुद को और दूसरों को सुरक्षित रखने में मदद करूँगा/करूँगी।

मैं सभी का सम्मान करूँगा/करूँगी और उनकी भावनाओं व व्यक्तिगत सीमाओं का ध्यान रखूँगा/रखूँगी।

अगर मुझे कोई गलत व्यवहार, बुलिंग या असुरक्षित स्थिति दिखाई देती है, तो मैं चुप नहीं रहूँगा/रहूँगी और इसकी जानकारी किसी भरोसेमंद बड़े व्यक्ति, शिक्षक या काउंसलर को दूँगा/दूँगी।

मैं अपने सहपाठियों की मदद करूँगा/करूँगी और अपने स्कूल को सभी बच्चों के लिए सुरक्षित और अच्छा स्थान बनाने में योगदान दूँगा/दूँगी।

मैं बाल सुरक्षा के नियमों का पालन करूँगा/करूँगी और हर बच्चे के अधिकार, सम्मान और सुरक्षा का ध्यान रखूँगा/रखूँगी।

## "My Circle of Trust" worksheet.



# My Circle of Trust



Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_

A Circle of Trust includes people who make you feel safe, listen to you, and help you when you have a problem.

Write the names of 5 trusted adults you can approach for help.

**Remember:**

-  You have the right to feel safe.
-  It's okay to ask for help.
-  A trusted adult will listen and support you.

**I Can Approach My Trusted Adult When:**

-  I feel unsafe or uncomfortable
-  Someone hurts or troubles me
-  I need help or advice
-  I am worried about something
-  I want to share a problem

**MY CIRCLE OF TRUST**

1  
  
\_\_\_\_\_  
Name & Relationship

2  
  
\_\_\_\_\_  
Name & Relationship

3  
  
\_\_\_\_\_  
Name & Relationship

4  
  
\_\_\_\_\_  
Name & Relationship

5  
  
\_\_\_\_\_  
Name & Relationship

**Think and Reflect:**

- Who can I talk to when I feel worried or unsafe?  
\_\_\_\_\_
- How can I ask for help when I need it?  
\_\_\_\_\_
- Why is it important to speak to a trusted person?  
\_\_\_\_\_

**You are not alone. There are people who care about you and are ready to help you.**



**For Teachers:**

Discuss the following with the class:

- The importance of having trusted adults in our lives.
- Understanding personal safety and respecting personal boundaries.
- Recognising unsafe situations and seeking help.
- The importance of speaking up and not keeping unsafe secrets.
- Support available from teachers, counsellors, and EVGC.

**Always remember – your safety matters!**



**Speak up. Stay safe. We are here to help.**



**Important Help Numbers**

Child Helpline: **1098**  
DCPCR Helpline: **9311551393**

## **WEEK 2 – ROLE PLAY (FAKE SCENARIOS)**

### **Scenario 1: Uncomfortable Touch by a Known Person**

Situation:

Riya is visiting a family friend's house. The person tries to sit very close to her and touches her in a way that makes her feel uncomfortable. The person says, "This is our little secret. Don't tell anyone, otherwise people will misunderstand."

Think and Discuss:

- How might Riya feel in this situation?
- Is it okay to keep a secret that makes her uncomfortable?
- What should she do?

Assertive Response:

- Say NO: "Stop. I do not like this. Please do not touch me."
- Move Away: Leave the room and go to a safe place where other people are present.
- Tell a Trusted Adult: Tell a parent, teacher, counsellor, or another trusted adult about what happened.

### **Scenario 2: Being Asked to Keep an Unsafe Secret**

Situation:

A person tells Meera, "I will give you a gift, but you should not tell anyone about our meetings." Meera feels confused and uncomfortable.

Think and Discuss:

- Are all secrets safe to keep?
- What should Meera do?

Assertive Response:

- Say NO: "I do not want to keep this secret."
- Move Away: Stay away from the person and go to a safe place.
- Tell a Trusted Adult: Share what happened with someone she trusts.

## WEEK 4 - 1. Peer Support Circle

- Discussion on helping friends safely.



# PEER SUPPORT CIRCLE

## Helping Friends Safely

We care, we listen, we support, we help!  
Together we build a safe and kind school.



### 1. OUR GROUND RULES

- Respect everyone.
- Listen without interrupting.
- What is shared here, stays here.
- Do not judge or make fun of anyone.
- Everyone gets a chance to speak.

### 2. SCENARIO DISCUSSION

Read each situation and discuss in your group:  
How can we help? What should we avoid doing?  
When should we involve a trusted adult?

**1**  A friend is feeling lonely and withdrawn.

**2**  A classmate is being bullied.

**3**  A friend is worried about studies or family issues.

**4**  Someone shares that they feel unsafe.

### 3. SAFE HELPING SKILLS

| WHAT WE CAN DO                             | WHAT WE SHOULD AVOID                      |
|--------------------------------------------|-------------------------------------------|
| Listen calmly.                             | Spreading someone's personal information. |
| Show kindness and support.                 | Giving risky or incorrect advice.         |
| Encourage friends to seek help.            | Handling serious problems alone.          |
| Report safety concerns to a trusted adult. |                                           |

### 4. ROLE PLAY TIME

Act out the given situations in your group.  
Discuss what was done well.



A friend needs support



A friend faces a problem



Seeking help from an adult

### 5. REFLECTION CIRCLE

Complete the sentences.

- A good friend is someone who \_\_\_\_\_
- I can support my classmates by \_\_\_\_\_
- If a friend is unsafe, I will \_\_\_\_\_



### OUR PEER SUPPORT PLEDGE

I will be a caring friend. I will listen, support and help my friends safely.  
I will always seek help from a trusted adult when needed.  
**Together, we create a safe and happy school!**




Name: \_\_\_\_\_

Class: \_\_\_\_\_

Date: \_\_\_\_\_



## **WEEK 4- Activity: Safety Audit of School Premises**

### **Objective:**

To develop students' awareness about safety, identify potential risks in the school environment, and suggest preventive measures.

### **Step 1: Introduction & Orientation (10 minutes)**

- \* Teacher explains the concept of a \*Safety Audit\*.
- \* Discusses the difference between \*safe areas\* and \*unsafe areas\*.
- \* Briefly explains common safety concerns (slippery floors, unsafe corners, overcrowding, bullying-prone areas, emergency exits, etc.).

### **Step 2: Formation of Student Groups**

- \* Divide students into small groups.
- \* Assign each group specific areas of the school to observe:

- \* Classrooms
- \* Corridors/staircases
- \* Playground
- \* Washrooms
- \* Laboratories
- \* Canteen
- \* Entry/exit points

### **Step 3: Observation Walk**

Students conduct a guided walk around the assigned areas and observe:

- \* Cleanliness and hygiene
- \* Physical hazards
- \* Accessibility and movement space
- \* Availability of safety equipment
- \* Areas where students may feel unsafe

### **Step 4: Group Discussion**

- \* Each group presents their observations.
- \* Teacher facilitates discussion:
  - \* Why is this area unsafe?
  - \* Who may be affected?
  - \* How can it be improved?

### **\*Expected Outcome: \***

Students become active participants in creating a safer, more responsible school environment.